

SYNOPSIS



Buddha Preferred!

Buddha bevorzugt!

«Marriage finished!» That was the wording of an email sent by Sabine Arzt-Januschke to her husband, just a few weeks after their wedding. The reason for the decision was unusual however; the young woman had decided to devote her life to the Dharma, the teachings of the Buddha, and become a Buddhist nun. That was 13 years ago. Nowadays Sabine Arzt-Januschke is one of the most important female Buddhist dignitaries in the world. As a spiritual teacher, she advises mainly westerners, who are seeking their spiritual roots in Tibetan Buddhism.

Year: 2009

Run-Time: 1 x 32 min.

Directed by Gundi Lamprecht

ORF

Languages: German (ORIGINAL)

Format: 16:9

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