

SYNOPSIS



Eating against Alzheimer's

Alzheimer - Essen gegen das Vergessen

Is there a new silver bullet in the fight against Alzheimer's and dementia? Researchers in Graz looking into ageing have found a fountain of youth for the brain - in nutrition. Certain constituents of wheat and soya encourage brain cells to heal themselves and so prevent diseases such as Alzheimer's and Parkinson's. Researchers are therefore recommending to supplement our diet with these substances.

Year: 2018

Run-Time: 1 x 52 min.

Directed by Christian Kugler

Produced by Mediavilm in association with ORF-Enterprise

Available worldwide

Languages: German (ORIGINAL) , English (DUBBED)

Format: 16:9

HD

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